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**2018 Participating Insurance List
Primary and Secondary Carriers**

AARP- Medicare Supplemental Insurance Plan via United Healthcare
Aetna
Capital District Physicians Health Plan (CDPHP)
CIGNA
Emblem Health/GHI
Empire Plan – United HealthCare
Excellus BlueCross BlueShield
Fidelis
Humana - ****HMO PLANS- ONLY PARTICIPATING FOR HUMANA NY HMO; ALL OTHER OUT OF STATE HUMANA HMO PLANS ARE NON-PARTICIPATING**
Humana - PPO
Martin's Point and USA Family
Medicaid
Medicare
Multiplan/PHCS
Molina Healthcare/aka former Total Care
Mutual of Omaha Medicare Supplement Insurance
MVP
National Association of Letter Carriers (NALC)
POMCO
Railroad Medicare
Today's Options (American Progressive/Universal American)
Tricare for Life
Tricare North
United Healthcare, including the United Healthcare Dual Complete Community Plan

If your health plan is not listed above, please call your insurance company directly. ****Humana HMO Non-New York Plan members – please call your insurance company directly.**